

# Upcoming Workshops

## The Body's Stress Response: Signs, Symptoms and Management



This workshop will analyze different aspects of the stress response in the human body, the consequences of prolonged toxic stress as well as the most effective evidence-based strategies to manage social and psychological stress.

Presenter: Dalia Avello, MA, IMH-E

**February 20th and 27th - 9:30 am to 12:30pm** / \$70 OMA Members | \$90 Non-Members

## Crisis De-escalation Techniques for Teachers



This workshop will present numerous strategies to help educators connect, engage, and prevent crisis situations from occurring. Skills learned through this workshop can be used when dealing with dysregulated students, distressed or hostile parents or difficult situations with co-workers. *[To attend this course, you need to have attended "Our Body's Stress Response: Signs, Symptoms and Management"]*

Presenter: Dr. Wayne Centrone

**March 13th - 9:00 am to 12:00pm** / \$40 OMA Members | \$60 Non-Members

## Evidence Based Practice for Kids with Individual Needs in an Inclusive Setting



This workshop will examine the characteristics of disability and how those intersect with developmental stage and temperament. Includes frameworks to support children, executive functioning, and strategies and curriculum support.

Presenter: Jennifer Heikes EdS, NCSP

**March 6th - 9:30 am to 12:30pm** / \$35 OMA Members | \$55 Non-Members

## Brain Based Behavior in The Classroom



This workshop will examine both brain research and human functioning, as well as elements that affect behavior in response to different settings and use of strategies for behavior management in inclusive settings

Presenter: Jennifer Heikes EdS, NCSP

**March 20th - 9:30 am to 12:30pm** / \$35 OMA Members | \$55 Non-Members

## Building on the Infant and Toddler Mental Health Foundations



Infant mental health is the key to responsive caregiving. Early childhood educators provide key support for the development of young children. Workshop will examine brain research and new trends in infant-toddler mental health. Additionally, strength-based supports for teachers and families will be explored

Presenter: Dalia Avello, MA, IMH-E

**April 20th - 4:30 to 7pm** / \$50 OMA Members | \$70 Non-Members

TO REGISTER

<https://www.oregonmontessori.org/educators/workshop-registration/>

